



www.neurobergen.com

Adult Neurology

Reed C. Perron, MD
Hugo N. Lijtmaer, MD
Daniel R. Van Engel, MD
Kenneth A. Levin, MD
Kenneth A. Citak, MD
James T. Shammass, MD
Susan P. Molinari, MD

John T. Nasr, MD
Amrit K. Grewal, MD
Olga Noskin, MD
Yamini Naidu, MD
Daniel Berlin, MD, MSc
Fumin Tong, MD, PhD
Elena Zislin, PA-C

Pediatric Neurology

Peter L. Heilbronner, MD, PhD
Jennifer A. Cope, MD
Alexis M. Dallara-Marsh, MD
Mitchell Steinschneider, MD, PhD
Heather Weiner, APN

Neuro Rehabilitation Center

Kenneth A. Citak, MD
Medical Director

Managing Partner

Hugo N. Lijtmaer, MD

Chief Operations Officer

David T. Contento, FACMPE

John Jensen, PT

Director of Rehabilitation

NERVE BLOCK

A nerve block is an injection of a local anesthetic and steroid medication around a specific nerve to block the signals in that nerve. This is done to help diagnose the cause of your pain as well as to provide relief from nerve pain.

No particular preparation is needed prior to the procedure. Take all of your regular medications. If you are diabetic or taking any type of blood thinning medication, please notify our office prior to the procedure.

What happens during the procedure?

You will either be lying on your stomach or sitting up in a chair, depending on the nerve being blocked. The area will be cleansed with an antiseptic solution. The doctor will place the needle at the site and inject the anesthetic/steroid medication.

The procedure will take approximately 10 to 20 minutes.

Contraindications for the procedure:

Bleeding problems and infection at the injection site are possible contraindications. Please call us as soon as possible if you have any bleeding disorders or if you have a cold, fever, the flu or other infection.

Appointment Date: _____ **Time:** _____

Referring Physician: _____

DISCLAIMER

OUR OFFICE WILL OBTAIN AUTHORIZATION FOR YOUR TEST; HOWEVER, THIS IS NOT A GUARANTEE OF PAYMENT. IT IS IMPORTANT THAT YOU UNDERSTAND YOUR INSURANCE PLAN'S CURRENT BENEFIT AND COVERAGE RULES. SOME INSURANCE PLANS PAY DIFFERENTLY DEPENDING ON THE PLACE OF SERVICE, FOR EXAMPLE; OUT-PATIENT HOSPITAL VERSUS A DOCTOR'S OFFICE. YOU MAY BE AT RISK FOR A GREATER OUT-OF-POCKET FINIANCIAL RESPONSIBILITY; THEREFORE, YOU SHOULD CALL THE MEMBER SERVICES OR BENEFITS TELEPHONE NUMBER LISTED ON YOUR INSURANCE CARD TO FIND OUT WHAT YOUR FINANCIAL OBLIGATION MAY BE PRIOR TO ANY APPOINTMENT.

A CANCELLATION / NO-SHOW FEE OF \$100.00 WILL BE BILLED TO YOU IF YOU DO NOT GIVE AT LEAST 24 BUSINESS HOURS NOTICE PRIOR TO CANCELLATION OF YOUR APPOINTMENT.