



www.neurobergen.com

Adult Neurology

Reed C. Perron, MD
Hugo N. Lijtmaer, MD
Daniel R. Van Engel, MD
Kenneth A. Levin, MD
Kenneth A. Citak, MD
James T. Shamma, MD
Susan P. Molinari, MD
John T. Nasr, MD
Amrit K. Grewal, MD
Olga Noskin, MD
Yamini Naidu, MD
Daniel Berlin, MD, MSc
Fumin Tong, MD, PhD
Elena Zislin, PA-C

Pediatric Neurology

Peter L. Heilbronner, MD, PhD
Jennifer A. Cope, MD
Alexis M. Dallara-Marsh, MD
Mitchell Steinschneider, MD, PhD
Heather Weiner, APN

Neuro Rehabilitation Center

Kenneth A. Citak, MD
Medical Director

Managing Partner

Hugo N. Lijtmaer, MD

Chief Operations Officer

David T. Contento, FACMPE

John Jensen, PT

Director of Rehabilitation

Patient Dizziness Questionnaire

Name \_\_\_\_\_ Date \_\_\_\_\_

1. Which of these best describes your dizziness? Circle only one.

A sensation of movement of yourself or the room: spinning, tilting, or wave-like movement

Lightheadedness or feeling that you are going to faint

Loss of balance

Disassociation or disorientation with the world

2. When you are "dizzy" do you experience any of the following sensations? You may Circle as many Yes responses as necessary.

- Yes No 1. Lightheadedness or swimming sensation in the head
Yes No 2. Blacking out or loss of consciousness.
Yes No 3. Tendency to fall.
Yes No 4. Objects spinning or turning around you.
Yes No 5. Sensation that you are turning or spinning inside.
Yes No 6. Loss of balance when walking.
Yes No 7. Headache
Yes No 8. Pressure in the head.
Yes No 9. Nausea or vomiting.

3. Please fill in the blanks or circle appropriate answer

- A. When did the dizziness first occur? \_\_\_\_\_
B. Is the dizziness CONSTANT or does it come in ATTACKS?
C. If the dizziness comes in attacks, how often do these attacks occur?
\_\_\_\_\_ times per day / week / month / year.
D. If the dizziness comes in attacks, how long do the attacks last?
\_\_\_\_\_ seconds / minutes / hours / days.
E. What factors provoke the dizziness or make the dizziness worse?
\_\_\_\_\_

F. What makes the dizziness better?

G. Does your hearing change when the dizziness occurs?

Yes / No

How?

Which Ear?

Right / Left

H. Are there any other symptoms associated with the dizziness:

such as visual changes, numbness or tingling in the arms or legs; weakness in the arms or legs; changes in speech?

I. Are you completely free of dizziness between attacks? Circle Yes / No

J. Have you ever been diagnosed with a head or neck injury? Circle Yes / No

K. Do you have any history of neurological disease such as migraine, Multiple Sclerosis or stroke? Circle Yes / No

4. Do you have any of the following symptoms? Please circle Yes or No and circle ear involved.

Yes	No	1. Difficult in hearing?	Right	Left
Yes	No	2. Noise in your ears?	Right	Left
Yes	No	3. Does noise change during the dizziness?	How?	

Yes	No	4. Fullness or stuffiness in your ears?	Right	Left
-----	----	---	-------	------

5. Have you experienced any of the following symptoms?

Yes	No	1. Double vision, blurred vision or blindness.
Yes	No	2. Numbness of face.
Yes	No	3. Numbness of arms or legs.
Yes	No	4. Weakness in arms or legs.
Yes	No	5. Clumsiness of arms or legs.
Yes	No	6. Confusion or loss of consciousness.
Yes	No	7. Difficulty with speech.
Yes	No	8. Difficulty with swallowing.
Yes	No	9. Pain in the neck or shoulder.